



RAW	West Mersea rock oysters, mignonette (half dozen) 24 Seabass carpaccio, majoram, chilli, datterini tomatoes 18 Marinated sardines, lemon, chilli, toast 9 Octopus carpaccio, grilled pepper vinaigrette 17
CHARCUTERIE & CHEESE	Chicken liver, toast, watercress, balsamic 10 Sheep's ricotta, taggiasca olives, majoram, toast 12 Porchetta, marinated spinach, aioli, anchovies 14 Chargrilled polenta, gorgonzola, mustard fruits, speck 12 Burrata, charred pear, Tuscan ham, radicchio, balsamic dressing 18
SALADS	Chickpeas, mung beans sprouts, pea shoots, coriander, tahini dressing 13 Baby spinach, onion, olives, roast garlic vinaigrette, pangrattato 9 Feta, muscat grapes, radicchio, slow roasted shallot, balsamic 15 Radish, puntarelle, dandelion, lilliput capers, anchovy vinaigrette 13 Kohlrabi, fennel, zucchini, toasted coriander seed, orange dressing 12
VEGETABLES	Wood roasted purple sweet potatoes, pickled onions, coriander, kefir 13 Slow roast red onions, spiced feta, balsamic 12 Wood roasted carrots, goat's yogurt, black sesame 12 Chargrilled hispi cabbage, bagna cauda, chilli, breadcrumbs 13 Wood roasted spaghetti squash, crème fraiche, fontina 10 Chargrilled sprouting broccoli, garlic, chilli, vinaigrette 11 Wood roasted pale aubergine, goat's curd, chilli, garlic 15 Roasted cauliflower, spiced yoghurt, cumin, toasted buckwheat, coriander 12 Wood roasted violino squash, za'atar, pomegranate salsa, mint 13 Mushrooms, toast 14
PLATES	Aubergine, smoked ricotta ravioli, pepperonata basil 19 Braised beef short rib agnolotti, porcini butter 22 Ricotta gnudi, autumn truffles 37 Chargrilled Tuscan sausage, borlotti beans, roast onions, radicchio, salsa verde 19 Wood roasted half free range chicken, nduja, tomatoes, Parma ham, toast 27 Chargrilled squid, skordalia, lemon, chilli 28 Wood roasted whole sea bream, wild oregano, capers 24 Chargrilled picanha steak, chilli, parsley, balsamic 29 Braised pork meatballs, San Marzano tomatoes, grilled bread 18 Chargrilled scarlet prawns, garlic, chilli 28 Côte de boeuf (1kg), horseradish, salsa verde, red wine jus 135